



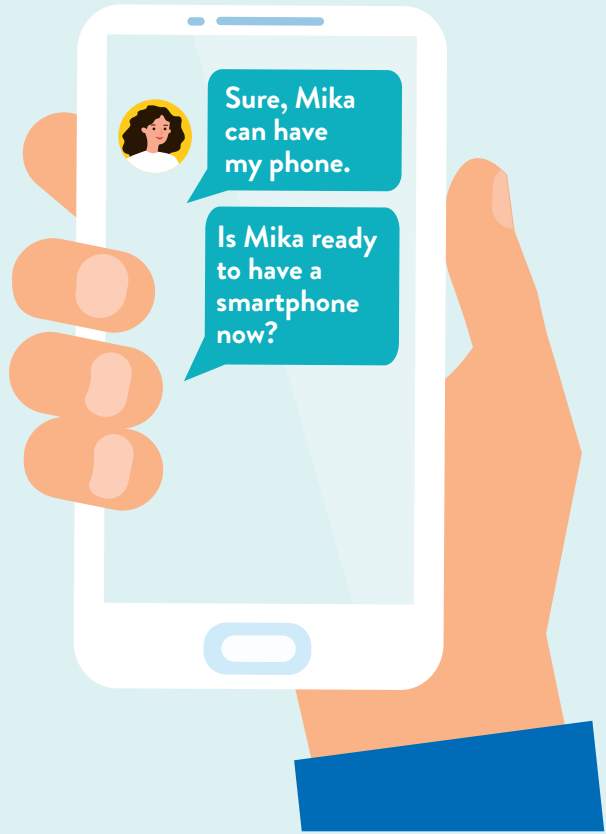
**I want to
have my own
smartphone
now too!**

**Yes, of course!
But...**

**A decision-making aid
for families about media.**

Mika has wanted a smartphone for a long time.
That's natural - many classmates already have phones.

Mika's aunt doesn't
need her old phone
anymore and would
like to give it to
Mika. Just to be sure,
she asks the family:



The parents start to ponder this.
Even Mika becomes thoughtful.

Why shouldn't
Mika have a
smartphone?



Every child has the right to be protected!

The following concerns and objections are brought up by children and adults when they think about children having their first smartphone:

some adults have dangerous and criminal intentions

it could become addictive

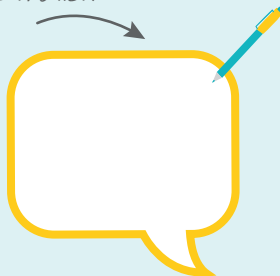
there are things on the internet that are not for children

other things could be neglected, like school and physical exercise

cyberbullying exists on the internet and the tone is rough

What are your thoughts?
Don't forget to ask your child too!

Add them to the list!



Oh, so there are justifiable reasons not to grant the child's wish. But aren't there also good reasons to have a phone?

The parents continue to think this over and ask their child.



Why does Mika want to have a smartphone?



Every child has the right to participate in the world and have a say in what happens!

Children and adults give these arguments for having a phone:

watch videos on
YouTube and
TikTok

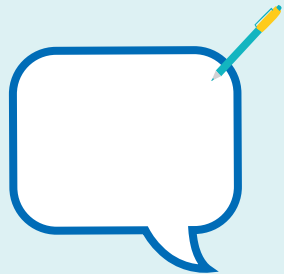
not miss out on
anything and be
able to partici-
pate in things
like school chats

quickly look
something up on
the internet

be able to do
more independ-
ently, be less
dependent

curiosity, try out
new things, test
one's self

What reasons can be given in your family in favor of a smartphone?
Children have their own ideas - just ask them!



The family is torn one way and another.

How can it be possible to grant Mika's wish for a phone and still sufficiently protect a child?



How can Mika be supported
in using the smartphone?



**Every child has the right to be encouraged
in their development, abilities and independence!**

The ideas of supporting and empowering occur to children and adults in connection with having their first phone:

agree on
smartphone
rules together

open
conversations,
trying out apps
together

know and
understand
dangers

regularly do
things together
for a change

age-appropriate
websites, apps
and settings

What would be helpful for your child?

What should they know and be able to do?

Is there something that could empower you and your child?



conclusion

This is helpful! Questions about media can be approached from multiple directions.

By weighing the **concerns and objections** against the **reasons for participating**, the parents with Mika find many **encouraging and empowering ideas**.

Together they put the ideas into practice. Everyone now understands: The more Mika knows and can do, the more the parents can trust Mika. The family is able to let Mika participate in the (digital) world and be protected at the same time!

When it comes to media, you, too, can use the concept of children's rights to find a balance between children's desires and questions about raising a child responsibly.
Good luck with that!



Der Kinderschutzbund
Landesverband Thüringen



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